

A STUDY ON BONUS LINE CROSSING IN KABADDI**Bhushan Babasaheb Bhosale***

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Abstract:

The purpose of the study was to analysis the bonus line crossing in Kabaddi. Researcher had collected data on Kabaddi players participated in the Zone – A Inter Collegiate Kabaddi (Men) Tournament 2014, Shegaon. Out of 30 Teams participated only on 10 teams match were analyzed on different types of bonus line crossing, mainly five types of bonus line crossing were used i.e. Feinting bonus line crossing, Running bonus line crossing, Turn and bonus line crossing, Slide and bonus line crossing and Pivot and bonus line crossing. Subjects were selected with simple random sampling methods. Data were collected by using Performance Analysis Chart by observing the 10 matches played by different teams. Statistical Analysis was done on the Performance Analysis Chart and then further calculated by sum, mean and percentage. Result shows that highest percentage of bonus line crossing were attempt by DCPE, Amt. men's team, in their total 36 raids they attempted 10 bonus line crossing with a percentage of 27.77% and lowest being 0.00% by P.R. Pote Enggi. College kabaddi team. It is also concluded that out of 378 raids from the ten matches only 52 bonus line crossing were attempted i.e. 13.75% which is very low. Further out of total bonus line crossing it has been seen that raider frequently used Feinting bonus line crossing techniques which is much higher than the other techniques.

Keywords: Bonus Line & Kabaddi.**Introduction:**

During the last few decades' sports have gained tremendous popularity all over the globe. The popularity of sports is skill increasing at fast pace and this happy trend a likely to continue in the future also when one looks at the history of the modern Olympic games, One sees that the number of sports for which competition are held at Olympic games has increased steadily. The total number of participating countries and sportsman has also increased steadily. In sportsman addition to Olympic sports, Indigenous sports have also become popular in each country.

Kabaddi in recent year is has become a more dynamic, faster paced game. There is a gradual, but marked change in the style of the game during the past few years. The introduction of more techniques to the game to made it relatively easier for a player with more skill and then weight to score point against better-built opponent.

To give good performance players must gain mastery over the skill perfection in technique is attained over a period of time and players have to pay at most attention at the time of practice. Every technique in the game is important and its application varies according to the situation. First the fundamental techniques are the basis for high level performance.

Offence in kabaddi is backbone of the game and the raider is the nucleus around which the entire game of kabaddi revolves. Raiding is an attack and the main tools of offence.

In raiding 'Bonus line crossing' plays a vital role in attack system. When there are 6 or 7 anties in court, if a raider manages to cross the bonus line successfully, he gets a one bonus point. In addition he can also score as many as point in that if not being caught.

Materials and Methods:

For the present study researcher had collected data on Kabaddi players participated in the Zone – A Inter Collegiate Kabaddi (Men) Tournament 2014, Shegaon. Out of 30 Teams

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participated only on 10 teams match were analyzed on different types of bonus line crossing, mainly five types of bonus line crossing were used i.e. Feinting bonus line crossing, Running bonus line crossing, Turn and bonus line crossing, Slide and bonus line crossing and Pivot and bonus line crossing.

The investigator collected data by using Performance Analysis Chart by observing the 10 matches played by different teams.

Statistical Analysis:

Statistical analysis was done through Performance analysis chart and then further calculated by sum, mean and percentage. Which were as follows:-

Table No – 1
Showing Different Types of Bonus Line Crossing

Sr No	Name of the team	Raids	Bonus	%	Feinting and Bonus			Running and Bonus			Turn and Bonus			Slide and Bonus			Pivote and Bonus			
					A	S	U	A	S	U	A	S	U	A	S	U	A	S	U	
1	DCPE, Amravati	36	10	27.77	7	5	2	1	1	0	1	0	1	0	0	0	0	1	1	0
2	Shivaji, Akola	42	7	16.66	5	4	1	1	1	0	1	0	1	0	0	0	0	0	0	0
3	G.S.Coll., Khamgaon	34	9	26.47	4	4	0	3	1	2	1	0	1	0	0	0	1	0	1	1
4	S.A.Coll., Dahihanda	38	6	13.15	3	2	1	1	1	0	0	0	0	1	0	1	1	1	0	1
5	RCKM, Buldana	38	5	15.78	3	2	1	0	0	0	1	1	0	1	0	1	0	0	0	0
6	SPMC, Chikhali	40	4	10.00	3	3	0	1	0	1	0	0	0	0	0	0	0	0	0	0
7	SPMM, Nandura	42	5	11.90	3	2	1	0	0	0	1	0	1	0	0	0	1	0	1	1
8	R.S. Coll, Anjangaon	38	4	10.52	2	1	1	0	0	0	1	0	1	1	0	1	0	0	0	0
9	V. M, Malkapur	34	2	5.88	1	0	1	0	0	0	0	0	0	0	0	0	0	1	1	0
10	P.R. Pote, Amt	36	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
	Total	378	52	13.75																

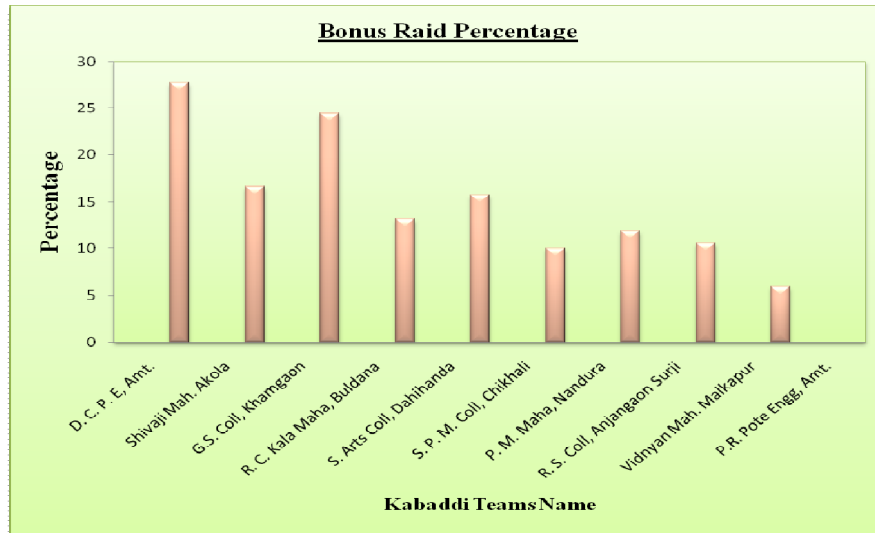
Results:

From the above table it was revealed that highest percentage of bonus line crossing were attempt by DCPE, Amt. men's team, in their total 36 raids they attempted 10 bonus line crossing with a percentage of 27.77% followed by G.S.College, Khamgaon men's team with a percentage of 26.47%. The lowest being 0.00% by P.R. Pote Enggi. College kabaddi team.

From the above table it is also seen that out of 378 raids from the ten matches only 52 bonus line crossing were attempted i.e. 13.75% which is very low. Further out of total bonus line crossing it has been seen that raider frequently used Feinting bonus line crossing techniques which is much higher than the other techniques. This may be due to the fact that this technique is more effective, easier and space available for crossing the bonus line is more when compared to other methods.

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Graph Showing Bonus Raid Percentage



Conclusion:

It was concluded that players were averse to bonus line crossing, may be that they does not want to take risk and or not able to cross bonus line due to strong defense of the opponents.

It is time that bonus line rule be modified in order to have more attacks and catches which in turn the game will be faster, more scores and entertaining.

Coaches must train the raiders to get maximum advantage of the rule to secure more point for the team. It must be kept in mind that a player must learn and master the technique of creating gap at different zones to score bonus points.

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