

DECLARATION FORM:

To,

The Editor in Chief,

International Research Journal of Physical Education and Sports Sciences (Online)

Sub: "Declaration Form of Research Article"

Respected Sir,

I declare that the enclosed manuscript entitled "**EFFECT OF AEROBIC TRAINING ON TOTAL CHOLESTEROL AND BLOOD SUGAR AT FASTING CONDITION AMONG OBESE MEN**" represents result of original work that have not been published elsewhere. This manuscript has not been and will not be submitted of publication elsewhere until a decision is made regarding its acceptability for publication in **International Research Journal of Physical Education and Sports Sciences** if accepted for publication it will not be submitted elsewhere.

Biju Sukumar
Signature of the Author(s)

Date: 26/08/2015

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