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**RELATIONSHIP BETWEEN ACHIEVEMENT MOTIVATION
AND TRAIT ANXIETY AMONG MALE AND FEMALE STUDENTS
OF SIRSA DISTRICT, HARYANA**



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ABSTRACT

The objective of this study was to find out the relationship between achievement motivation and trait anxiety among male and female students of Sirsa district of Haryana. The study was conducted on 80 subjects (40 male and 40 female) equally from college were selected as subjects. The variables for the study were achievement motivation and trait anxiety. The sports achievement motivation test standardized by Dr. M.L. Kamlesh was selected for this study. The sport competition anxiety by Rainer marten was also selected. It was hypothesized that there will be no significant relationship between achievement motivation and trait anxiety among male and female students. The data obtained was measured through Pearson's product moment correlation. The main findings stated that there were insignificant relationship between achievement motivation and trait anxiety among male and female students.

Keywords: Achievement Motivation, Trait Anxiety & Student's.

INTRODUCTION

Psychology is the study of the mind and behavior, according to the American Psychological Association. It is the study of the mind, how it works, and how it affects behavior. Psychologists and psychiatrists work together to help people with mental health conditions, but they are not quite the same. A psychologist treats a patient through psychotherapy, helping to relieve symptoms through behavioral change. The role of the

psychiatrist, who is a medical doctor, focuses more on prescribing medication and other interventions to manage mental health conditions.

An Achievement Motive is an impulse to master challenges and reach a high standard of excellence. Both personality and situational factors influence achievement motivation. Researchers often use the Thematic Apperception Test (TAT) to measure people’s need for achievement. The TAT consists of a set of ambiguous pictures, such as one of a woman standing in the doorway of a room. Researchers ask subjects to make up stories about these pictures. Some subjects’ stories consistently contain themes that relate to achievement. Researchers consider these subjects to have a high need for achievement.

Anxiety is a common and natural emotion, but it can also cause physical symptoms, such as shaking and sweating. Anxiety disorders can affect daily life but can often improve with treatment.

OBJECTIVE OF THE STUDY

The objective of this study was to find out the relationship between achievement motivation and trait anxiety among male and female students of Sirsa district of Haryana.

DESIGN OF THE STUDY

The study was conducted on 80 subjects (40 male and 40 female) equally from college were selected as subjects. The variables for the study were achievement motivation and trait anxiety. The sports achievement motivation test standardized by Dr. M.L. Kamlesh was selected for this study. Pearson’s product moment correlation was used and level of significance was set at 0.05.

RESULTS AND DISCUSSION

The data were analyzed by product moment correlation method. The analysis of data for the relationship between achievement motivation and trait anxiety among male and female students are presented in Tables.

Table No: I
Table showing the relationship between achievement motivation and trait anxiety among male and female students

Sr. No	Group	Correlation Co-Efficient
1.	Male players	0.2809
2.	Female players	0.1267
3.	Achievement Motivation level	0.0453
4.	Trait Anxiety Level	0.0895

Significant 0.05 level with df =18 $r_{0.05} = 0.444$

The table revealed that the correlation co-efficient among achievement motivation and trait anxiety for male and female, male and female players level were 0.2809, 0.1267, 0.0453 and 0.0895 (achievement motivation and trait anxiety level) respectively which is not significant at 0.05 level with df=18 as values are lesser than the required value $r_{0.05} = 0.444$.

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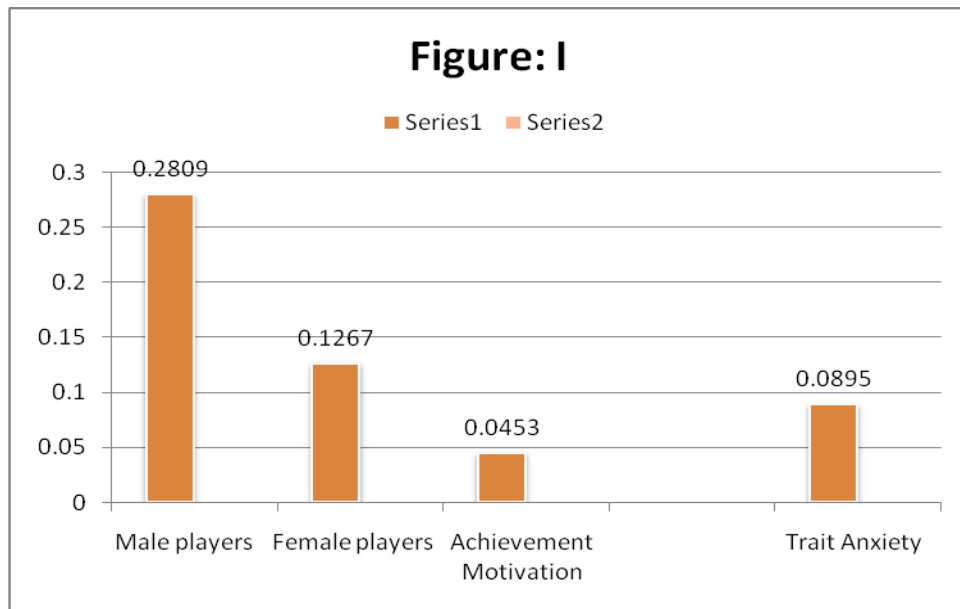



Figure showing significant relationship

CONCLUSION


It was concluded that there was no significant relationship between achievement motivation and trait anxiety among male and female students of concerned area.

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